



# ENSA Elderly and Disability Working Group

Quality of life: post Covid challenges and opportunities for seniors, professionals and persons with disabilities

The impact of COVID 19 on the senior population

Dr. Anis Ben Brik



# Overview of the project & Results

# About the Project

COVID-19 FAMILY LIFE STUDY

<https://www.covidfamilystudy.org>

The COVID-19 Family Life Study is a research study that explores the effects of the coronavirus pandemic on family life across cultures



**Get Involved**

Join families around the globe in sharing their experiences in a 30-minutes online survey.

5	72	28	21
Continents	Countries	Researchers	Intl. Partners



# Project team



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## Project team



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# Partners



United Nations Department of Economic and Social Affairs  
Division for Inclusive Social Development



**IFHE**  
INTERNATIONAL FEDERATION  
FOR HOME ECONOMICS



# 72 countries

## Europe (23)

Germany, France, Italy, Spain, Portugal, Greece, Netherlands, Poland,  
Hungary, Romania, Croatia, Estonia, Lithuania, Bulgaria, Austria, Belgium,  
Latvia, Ireland, Sweden, Slovakia, Norway, Czech republic, UK

## North America (2)

US, Canada

## Latin America (10)

Mexico, Colombia, Argentina, Brazil,  
Chile, Peru, Bolivia, Venezuela, Ecuador,  
Costa Ricca

## Middle East & North Africa (17)

## Africa (9)

Kenya, Ivory Cost, Tanzania, South  
Africa, Nigeria, Namibia, Angola,  
Ghana, Sudan

## Asia (11)

China, Singapore, Malaysia,  
Indonesia, Philippines, India,  
Bangladesh, Pakistan, Mongolia,  
Australia, New Zealand



# Methods

## Survey translated into 23 languages

Chinese (traditional) - 繁體中文	Chinese (simplified) - 简体中文	Arabic - العربية
English	Dutch - Nederlands	Croatian - Hrvatski
Greek - Ελληνικά	German - Deutsch	French - Français
Indonesian - Bahasa Indonesia	Hindi - हिन्दी	Hungarian - Magyar
Mongolian - Монгол	Malay - ملايو	Italian - Italiano
Portugese - português (BRA)	Portugese (POR) - português	Polish - Polski
Spanish - Español (LATAM)	Tagalog - Filipino	Romanian - Română
	Swahili - Kiswahili	Spanish - Español castellano

## Measures

Variables	Measures
Child anxiety index	Anis Ben Brik building on <a href="#">Spence Children's Anxiety Scale</a>
<b>Depression, Anxiety, Stress</b>	<b>Depression, Anxiety and Stress Scale - 21 Items (DASS-21) (Taylor et al. 2007)</b>
Marital Satisfaction	ENRICH Marital Satisfaction Scale (Fowers, B. J., & Olson, D. H. 1993)
Parent-child relationships	Parent-Child Relationship Inventory (PCRI), Gerard, A. B. (1994)
Child care Task Sharing	Childcare Task Sharing: Seward, Yeatts, Amin, et al., (2006).
Family Environment	Family Environment Scale: Moos, R. H. (1994).
Family Coping	Brief COPE, <a href="#">Carver, 1997</a>
Family Resilience	Connor-Davidson Resilience Scale
Family Satisfaction Scale	FACE IV
Family Policies and Programs	Anis Ben Brik





# Topics

01

## Mental Health & Wellbeing

Depression,  
Anxiety & Stress  
Child Wellbeing  
Before and During  
the Pandemic

Parents  
Children  
(reported)

02

## Marital Relationships

Marital and  
Relationship  
Satisfaction  
Before and During  
the Pandemic

03

## Parent – Child Relationships

Parenting  
practices  
  
Before and During  
the Pandemic

04

## Childcare Task Sharing

Unpaid care  
Motherhood  
Fatherhood  
Before and During  
the Pandemic

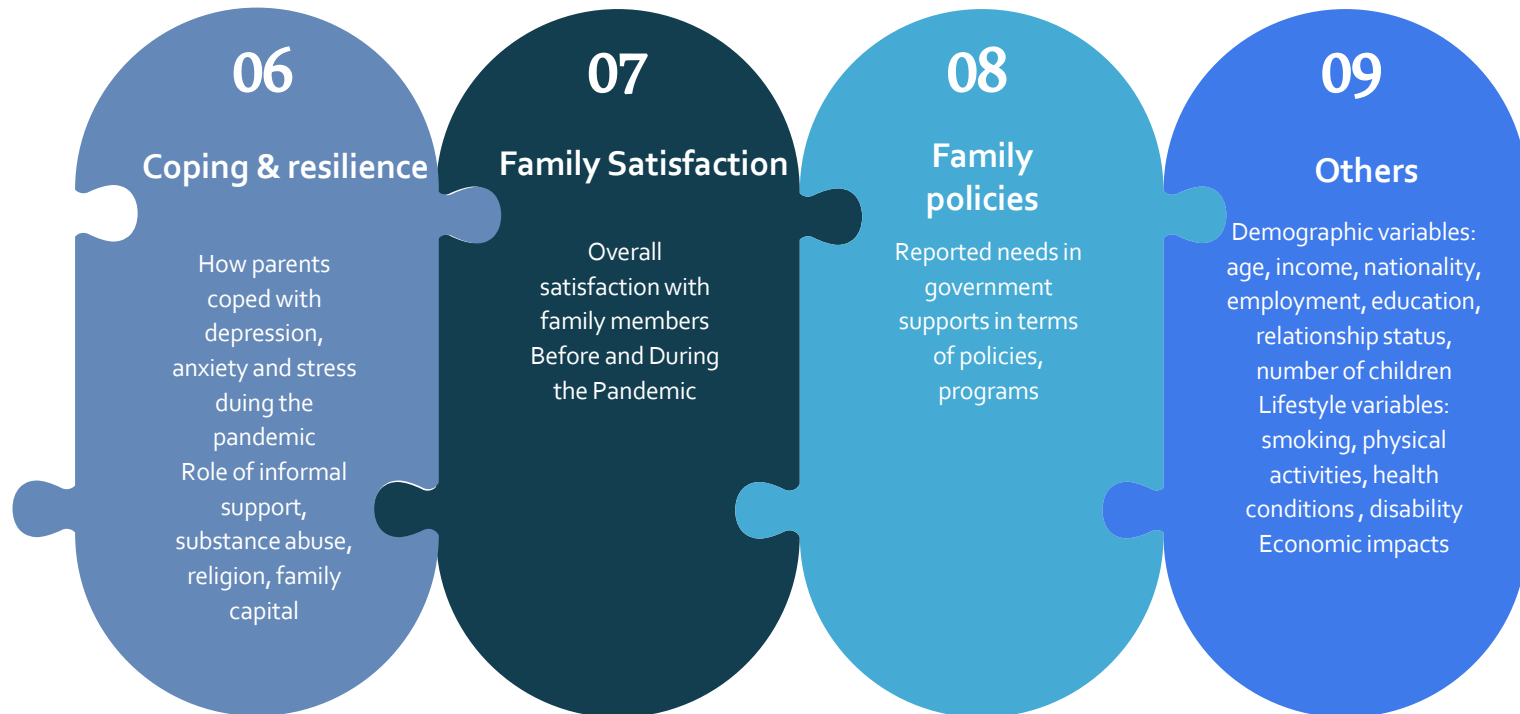
05

## Family Environment

Relationships  
between family  
members  
including  
domestic violence  
Before and During  
the Pandemic



# Topics





# Results

WEBINAR

كلية السياسات العامة  
College of Public Policy

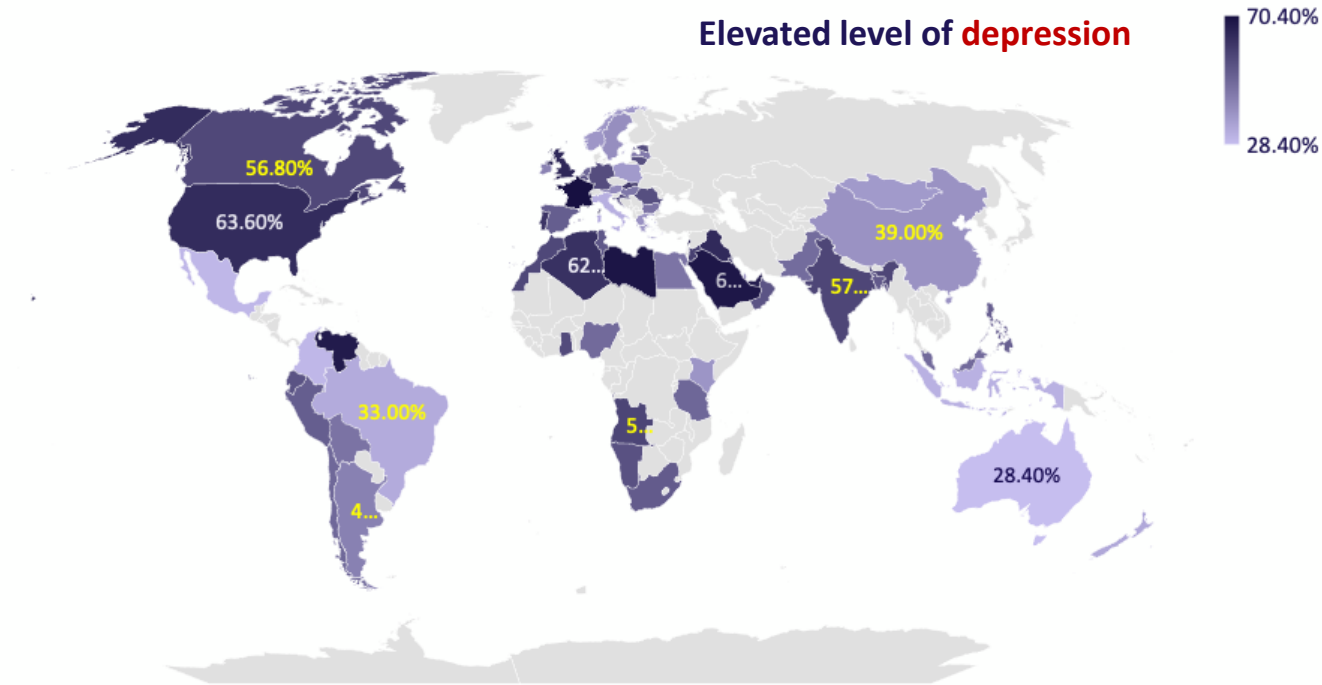
جامعة حمد بن خليفة  
HAMAD BIN KHALIFA UNIVERSITY



# Mental Health

# Level of Elevated Depression among Senior People ( 65+ ) : n= 68287 as of December 2021

Elevated level of **depression**



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# Level of Elevated Depression among Senior People ( 65+) in Europe: n= 27941 as of December 2021

Percentage of SP reporting symptoms of elevated level of **depression** in Europe

Italy	32.00%
Poland	37.20%
Norway	38.00%
Greece	39.20%
Sweden	40.00%
Austria	41.20%
Ireland	42.80%
Latvia	44.80%
Hungary	45.60%
Netherlands	50.00%
Spain	51.60%
Croatia	54.40%
Belgium	54.40%
Romania	55.20%
Lithuania	55.20%
Estonia	55.20%
Germany	55.60%
Slovakia	60.40%
Portugal	61.60%
UK	64.80%
<b>Czeck republic</b>	<b>66.40%</b>
<b>France</b>	<b>70.40%</b>

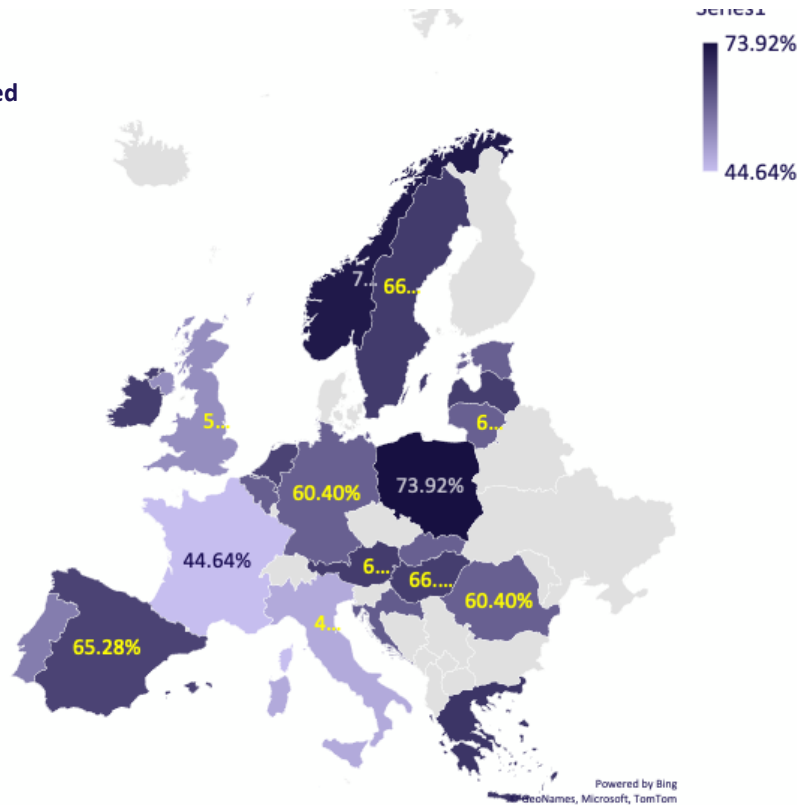




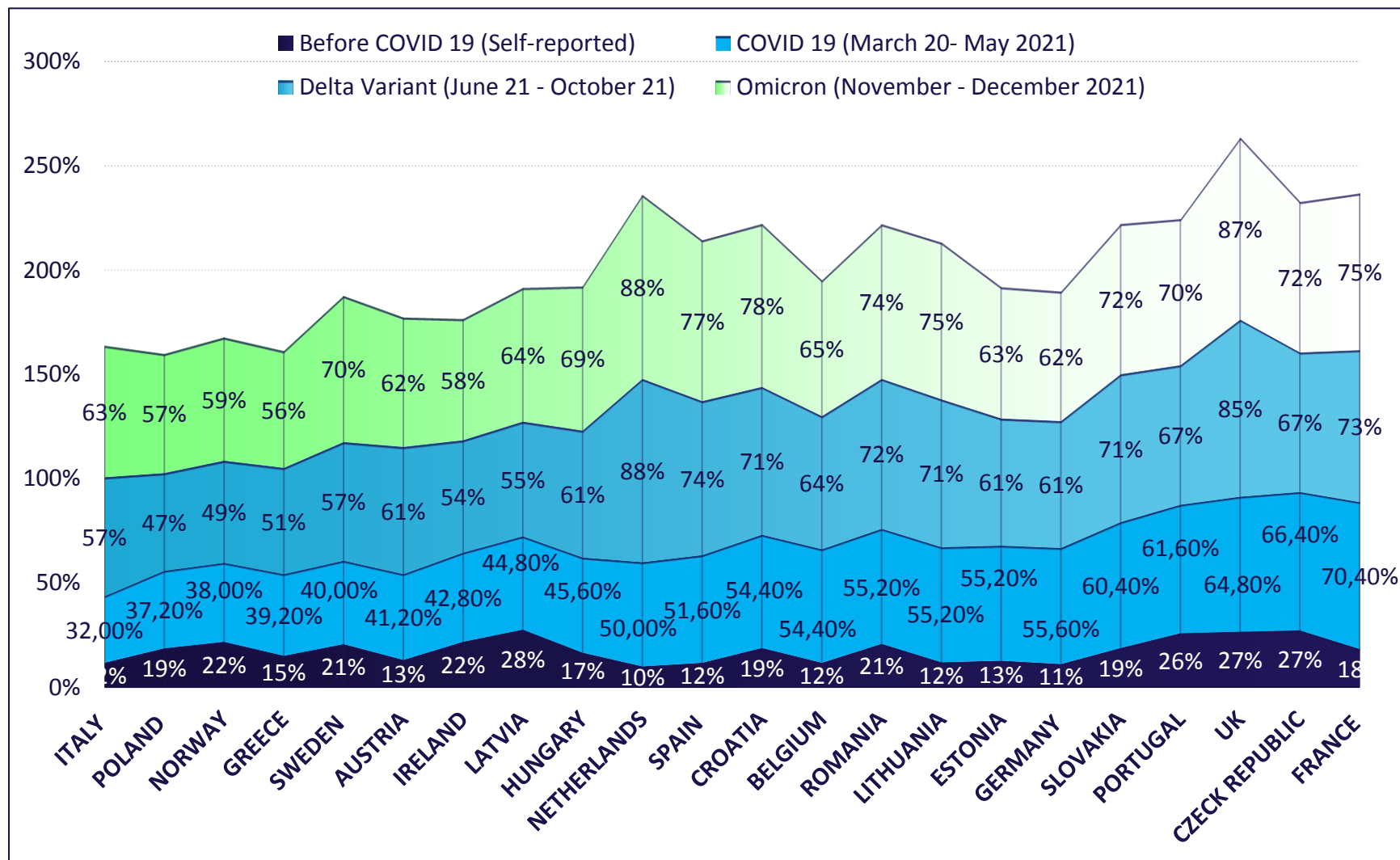
# Level of Elevated Anxiety among Senior People ( 65+) in Europe: n= 27941 as of December 2021

Percentage of SP reporting symptoms of elevated level of **anxiety** in Europe

Italy	48.00%
France	44.64%
Czech republic	49.40%
UK	52.80%
Portugal	55.64%
Romania	60.40%
Lithuania	60.40%
Estonia	60.40%
Germany	60.40%
Slovakia	60.40%
Belgium	60.72%
Croatia	61.16%
Netherlands	65.28%
Spain	65.28%
Ireland	66.24%
Latvia	66.24%
Hungary	66.24%
Austria	66.44%
Sweden	66.72%
Greece	67.76%
Norway	72.48%
Poland	73.92%



## Level of Elevated Depression among Senior People ( 65+) in Europe Across COVID 19 variants





Thank you  
Q&A