



Funded by the  
Erasmus+ Programme  
of the European Union



The living art  
The art of living

**The Living Art – The Art of Living. The UK project.  
Presentation to ENSA Child, Youth & Family Working Groups.  
Wednesday 26<sup>th</sup> January 2022.**

**Maggie Tarusiak will speak about the whole The Living Art – The Art of Living project  
Brian De Lord will speak about the UK activities in the Project**

**“I love music because it makes everything come together in my mind”**

Student, London, 10 years old

The ability of music and indeed all creativity to cross knowledge barriers and facilitate understanding and exploration, has long been known. However, the use of creativity is under pressure from educational & societal initiatives that value the more academic subjects. Many adults do not participate in creative pursuits for a variety of reasons. This project will attempt to address this by working with groups of people who have a connection with each other but do not realise it. The project activities will start a process that the community will sustain in the following years.

The UK initiative is deliberately located within a community and not a single institution, in order that all involved will be able to co-create their aspirations and future achievements.

The project:

- Will be based in South Acton in the London Borough of Ealing, an historical area of social deprivation, now being ravaged by regeneration & consisting of many separate communities.
- Will focus on working with parents and volunteers from a local primary school and a community arts organisation.
- Will set up a “Village in the City’ Group.
- Will set up a choir/singing group with parents and teachers.
- Will set up a Ukulele orchestra, with support from the Acton Japanese Ukulele Orchestra
- Will organise a series of ‘art’ workshops with local/international artists
- Will organise a series of workshops on identity
- Will organise a series of workshops using theatre skills
- The Environment (The Harmony Project)
- The use of Humour
- How to build resilience
- Looking after one’s mental health
- Film making
- IT skills
- Production of public art pieces
- Public & Virtual exhibition