









# ENSA- Inclusive growth post 2020- Independence and quality of life

# Working groups ENSA Elderly Disability, Minors, Youth and Family,

Villach 25 September 2019 – Time 9.00- 17.00

Venue: Congress Center Villach – CCV, Europaplatz 1, A-9500 Villach

## **General framework**

This year we will invite stakeholders to a joint session gathering all the thematic groups Elderly, Disability, Minors and Youth and family. The objective will be to reflect on the topic of inclusive growth post 2020 to learn more about the different European strategies to achieve these principles focusing on Independence and quality of life with the view to build common European projects for 2019/2020.

The morning session in the format of a plenary that stimulate exchanges, will look at adapting the existing social models to current and future challenges, to develop long-term solutions to fight poverty, increase employment and strengthen social cohesion and inclusion for all.

*The first part lead by Kind and Gezin Flanders*, targeting minors, will be dedicated on an exchange regarding integrated services and the impact on the interventions at local and European level with a project proposal for social interventions.

One of the main challenges in the development of social interventions - in our case towards families with (young) children - is to define the desired impact of these interventions and the ability to "measure" this impact. In the last decade, we focused at the outcomes of interventions but in the last few years, we are aiming at defining sustainable impact of social interventions. This evolution has turned more complex due to the development of integrated services and broad networks of inter service cooperation. We would like to discuss the development of an European project on the efforts of defining sustainable impact by integrated services for families with (young) children. The main purpose could be the exchange of inspiring practices, the frameworks used and the critical conditions to be met in order to have good results. The idea is to submit the project in 2020 in order to start in 2021. In an interactive way we will discuss together possible pathways towards such a project.

The second part lead by Departmental Council of Val-de-Marne-France (Miljana Dejanovic) and Municipality of Nacka-Sweden (Kerstin Seipel) oriented to inclusive growth will target persons with disabilities and aging people. The exchanges will address policies of active aging, looking with the support of the opinion of the Committee of the Regions and the recommendations of the Council of Europe on health care and socio-medical conditions, at the increasing needs in terms of social and health care of an ageing European population. Several aspects such as innovation in assistive technologies, e-health and digitalisation, and age-friendly environments need to be improved in order to guarantee an active and healthy ageing across different regions. In the field of disabilities the themes will focus on the access to employment and quality of life of persons with disabilities, in particular of persons with psychic disabilities, the challenges faced by aging persons with disabilities, the potential of adults with a learning disability considering how to develop the adaptive and transversal skills they need to become successful participants in our society. Addressing these issues, it will be relevant to discuss the cross-cutting questions to both fields, such as accessibility of public spaces and mobility or adapted sport activities, as a way to insure a healthy ageing. One of the key issues concerns also the support of carers of elderly persons and persons with disabilities. Too many carers are facing declining health, financial poverty and social isolation because they are not adequately recognized and supported.

**The afternoon session will offer Interactive workshops for audience engagement**. It will look at the various policy areas that are relevant for inclusive growth objectives including themes and reflections regarding the conference "Prevention and help with addiction disorders". Five facilitators/ field experts will guide the discussion introducing the following themes: a) small children minors and addictions, b) anti trafficking and addiction, c) building up strategies against addiction (drug, alcohol with independence paths), d) Strategies and practices on inclusive growth, links between local national and European policies for elderly policies, e) Strategies and practices on inclusive growth, links between local national and European policies for disability policies.

The audience will gather in small groups to exchange with their experience on the main questions. Reports will be made by each group (designation of 1 rapporteur per group) to lead to future project applications, study visits, scaling up of innovative practices and strategies.

## Program

Chair of the Sessions, Lorenzo Rampazzo, Director Unit Family, Minors, Civil Serice Veneto Region.

#### Morning session 9.00- 12.30

Plenary with Elderly, Disability, Minors, Youth and families working groups

9.00- 9.15 Key note Carinthia

9.15-10.45 - development of an European project to define sustainable impact by integrated services for families with (young) children, Kind and Gezin Flanders

10.30- 10.45- Exchanges on Erasmus + proposal "REFLECT Raising awareness and stimulating Executive Functioning and social emotional Learning by integrating Evidence based strategies in the Classroom to empower pupils, Teachers and parents", TOPUNT GENT Belgium, Hugo Vandeveire

10.45-11.00 Coffee break

11.00-12.30 The European convention on Inclusive growth and its implications for the working groups on disability and elderly. EU current project field collaborations, Miljana Dejanovic Conseil Départemental du Val de Marne, Kerstin Seipel Nacka municipality

## Afternoon session 14.00 -17.30

14.00 14.30 introduction on the themes by facilitators

14.30 16.00

#### Workshops parallel sessions

- a) small children minors and addictions,
- b) anti trafficking and addiction,
- c) building up strategies against addiction (drug, alcohol with independence paths),
- d) Strategies and practices on inclusive growth, links between local national and European policies for elderly policies
- e) Strategies and practices on inclusive growth, links between local national and European policies for disability policies

16.00-16.30 General plenary, Reports by rapporteur,

16.30 17.00 Invitations: We Hear You, A Way Home and FILO (Fighting Against Loneliness), SEFAC (Social Engagement Framework for Addressing the Chronic disease challenge) projects

17.00 17.30 Approval of new memberships- Conclusions and follow up.

## Facilitators:

- Rudy de Cock, Kind and Gezin
- Barbara Maculan Equality cooperative (Veneto/Padova), director
- Associazione Verein ''La Strada Der Weg" Bolzano
- **Miltos Sakellariou** Social Cooperative of Cyclades, Prevention Counselor in Addictions Chairman of the Board
- Miljana Dejanovic Conseil Départmental du Val de Marne
- Kerstin Seipel Nacka municipality

#### Workshop themes, afternoon session

#### Theme: small children, minors and addiction, *facilitator Rudy de Coeck*;

> Objective Prevention of addiction in families with small children

Questions to the participants: how do you address this issue by prevention policies working with familie, minors and schools

#### Themes: Anti trafficking and addiction, facilitator Barbara Maculan

The phenomenon of trafficking is not just sexual exploitation, prostitution through means of addictions but also includes labor exploitation, illegal hiring, begging, forced marriages, enslavement. It is a pervasive and submerged phenomenon, difficult to identify but that can be prevented and countered only if all actors at local join forces and coordinate their approaches. Objective is to and activate social protection programs to give an alternative life to as many victims of criminal exploitation and to intercept criminal mafias helping people to denounce and recover dignity and future in a framework of legality.

Request: transferring and scaling up of successful methods (as Nave project). Questions to the participants:

- ▶ How to protect the victims of trafficking and fight against criminal networks and addictions?
- How to give an alternative life to the great number of victims to addictions with the view of criminal exploitation?

# Theme: building up strategies against addiction (drug, alcohol with independence paths) facilitator Associazione - Verein ''La Strada- Der Weg"

Objective helping the persons to recognize the functionality of their consumption, to acquire alternative strategies, as well as to develop meaningful traumas and experiences. This involves the enhancement of personal resources and the activation of experiences of self-efficacy, which favor the strengthening of autonomy. This involves care of relations with the family, the search for work and housing, the activation of friendships, participation in the cultural and recreational offers of the territory.

Questions to the participants:

- What successful therapeutic experiences can you share? Who are the actors involved in this path?
- How can you activate self-system, empowerment and autonomy? How can you enhance social participation of the target group?

# Miltos Sakellariou, Social Cooperative of Cyclades, Prevention Counselor in Addictions Chairman of the Board

# Theme: Multidisciplinary teams at the Prevention and the Therapeutical frames in Addictions.

Often discussions regarding multidisciplinary working can seem to imply that there is one way of working together to protect children. It is widely recognized that children are most effectively protected when agencies and stakeholders work together. This is because it is almost impossible for a single agency or person to respond adequately to any allegation and the complex nature of child. Even when a specific incident has not occurred for families who require support, doing so in a holistic way requires a number of actors to work together in a coordinated way.

Multidisciplinary working, sometimes also need a 'multidisciplinary response' which is often considered an essential dimension of the system's approach to child protection.

Questions to the participants

We will work through case studies. Participants do not remain passive listeners but, rather actively contribute in the process by sharing personal experiences and emotions and interacting with the others

# Theme: Strategies and practices on inclusive growth, links between local national and European policies for elderly policies, *facilitator Kerstin Seipel Nacka municipality*

<u>Objectives:</u> The objective of this discussion is to deepen the challenges and reflect on possible solutions and concrete actions contributing to the quality of life and inclusion of elderly persons and persons with disabilities.

Questions to the participants:

- How do persons remain independent and active as they get older? (Identify challenges/solutions or innovative projects)
- How can we strengthen health and mental promotion and prevention policies dedicated to elderly persons? What would be the concrete actions?

# Theme: Strategies and practices on inclusive growth, links between local national andEuropean policies for disability policies, facilitator -MiljanaDejanovicConseilDépartmental du Val de Marne

<u>Objectives:</u> The objective of this workshop is to stress the challenges contributing to the quality of life and inclusion of persons with disabilities, what does not work today in terms of public policies' strategies, and to identify new orientations and methods encouraging the innovation in this field.

Questions to the participants:

- How to close the gaps in education, employment and poverty of persons with disabilities and in particular of persons with psychic disabilities?
- How to improve the support of family carers?

# ENSA Coordinators of the working groups

Youth and Family, Lorenzo Rampazzo, director Unit Family, Minors, Civil Veneto Region:

- Minors Rudy De Cock, Kind en Gezin Flanders
  Disability Conseil Départmental du Val de Marne, Pierre JOSEPH, Head of Department Miljana Dejanovic Project officer
- Elderly Kerstin Seipel, Nacka Municipality Sweden